

STUDENT PARTICIPATION / EMERGENCY MEDICAL FORM

My child has permission to participate in the interscholastic programs. I understand that injuries may be inherent in the activities and the school is not liable for any injuries that may occur to my child. I further consent to any treatment deemed necessary by a licensed physician designated by the person in charge, for any resulting from his or her participation in interscholastic activities. I understand that in order to participate in interscholastic athletics, the Athletic Office must have on file, a current physical and a participation/emergency medical form.

ID # _____ List Sport _____
STUDENT NAME: Last _____ First _____

Home phone _____

Parent's Last Name _____ First _____

Home Address _____ City _____ Zip _____

Physician _____ Phone _____ Hospital _____

In case of emergency, attempt to contact a parent at home or work. If we cannot be reached, attempt to contact the alternate listed below.

Alternate name _____ Phone _____ Relationship _____

Permission is hereby granted to the attending physician to proceed with any medical or minor surgical treatment, x-ray examination and immunizations for the above-named student. In the event of an emergency arising out of serious illness, the need for major surgery, or significant accidental injury, I understand that an attempt will be made by the attending physician to contact in the most expeditious way possible. If said physician is not able to communicate with me, the treatment necessary for the best interest of the above-named student may be given.

Permission is also granted to the athletic trainer to provide the needed emergency treatment prior to the student's admission to the medical facilities.

Father's Signature _____ Date _____ Mother's Signature _____ Date _____

Work Phone _____ Work Phone _____

Cell Phone _____ Cell Phone _____

Allergies _____ Medications _____

Comments/Additional Directions _____

A concussion is a brain injury and all brain injuries are serious. They are caused by a bump, blow, or jolt to the head, or by a blow to another part of the body with the force transmitted to the head. They can range from mild to severe and can disrupt the way the brain normally works. Even though most concussions are mild, **all concussions are potentially serious and may result in complications including prolonged brain damage and death if not recognized and managed properly.** . You can't see a concussion and most sports concussions occur without loss of consciousness. Signs and symptoms of concussion may show up right after the injury or can take hours or days to fully appear. If your child reports any symptoms of concussion, or if you notice the symptoms or signs of concussion yourself, seek medical attention right away.

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| <ul style="list-style-type: none"> • Headaches • "Pressure in head" • Nausea or vomiting • Neck pain • Balance problems or dizziness • Blurred, double, or fuzzy vision • Sensitivity to light or noise • Feeling sluggish or slowed down • Feeling foggy or groggy • Drowsiness • Change in sleep patterns | <ul style="list-style-type: none"> • Amnesia • "Don't feel right" • Fatigue or low energy • Sadness • Nervousness or anxiety • Irritability • More emotional • Confusion • Concentration or memory problems (forgetting game plays) • Repeating the same question/comment |
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If you think your child has suffered a concussion

Any athlete even suspected of suffering a concussion should be removed from the game or practice immediately. No athlete may return to activity after an apparent head injury or concussion, regardless of how mild it seems or how quickly symptoms clear, without medical clearance. Close observation of the athlete should continue for several hours. IHSA Policy requires athletes to provide their school with written clearance from either a physician licensed to practice medicine in all its branches or a certified athletic trainer working in conjunction with a physician licensed to practice medicine in all its branches prior to returning to play or practice following a concussion or after being removed from an interscholastic contest due to a possible head injury or concussion and not cleared to return to that same contest. In accordance with state law, all IHSA member schools are required to follow this policy. You should also inform your child's coach if you think that your child may have a concussion. Remember it's better to miss one game than miss the whole season. And when in doubt, the athlete sits out. For current and up-to-date information on concussions you can go to: <http://www.cdc.gov/ConcussionInYouthSports/>

Parent or Legal Guardian Printed

Parent or Legal Guardian Signature

Date